



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**BEST  
SUMMER  
EVER**



RELATIONSHIP | ACHIEVEMENT | BELONGING

# CAMP MAGELLAN

Day Camp 2019 | WEST COOK YMCA

Location: St. John's Lutheran Church, 305 Circle Ave. Forest Park, IL

# DAY CAMP 2019

## June 10<sup>th</sup>–August 23<sup>rd</sup>

### BEST SUMMER EVER

There is no better way to spend a summer than enjoying outdoors with friends. And this year, West Cook YMCA is the place for kids to be all summer long.



Summer camp at the Y means days filled with activities at the local forest preserve, swimming, games, sports and field trips. Your child will experience the best of what summer has to offer — all in a safe environment where he or she can try something new, build friendships and make memories to last a lifetime.

#### RELATIONSHIP

We facilitate relationships with and among youth, creating a space for them to make new friends, and develop strong relationships with staff.

#### ACHIEVEMENT

We provide thoughtful program activities to help youth gain new knowledge, skills, abilities, build confidence, and discover who they are.

#### BELONGING

We provide a safe and inclusive environment, so that every youth feels welcome and finds a place to belong.

**The Y. So Much More™**

#### WHAT TO BRING EACH DAY!

- Sunscreen
- Lunch
- Water bottle
- Swimsuit & Towel
- A Book
- Gym shoes
- Bring your camp t-shirt on Wed.
- Smile!

## REGISTER TODAY!

Register by March 31st and for every 4 weeks of camp purchased—get 10% off one additional week of camp!

### 3 WAYS TO REGISTER

- 1 Register Online: [www.westcookymca.org/camp](http://www.westcookymca.org/camp)
- 2 Contact Youth Development Department at 708-366-2764 or [daycamp@westcookymca.org](mailto:daycamp@westcookymca.org)
- 3 Register at the West Cook YMCA Front Desk

A non-refundable \$25 deposit is required per week-long session. All final registrations and balances are due the Wednesday before each session.

The West Cook YMCA offers scholarships and accepts Action for Children Child Care Assistance Subsidies for Day Camp fees. Families must have current eligibility for financial assistance.

#### CAMP MAGELLAN

FIRST MATES: Age 5

LOOKOUTS: Ages 6–7

NAVIGATORS: Ages 8–9

VOYAGERS: Ages 10–14

TIME: 9:00am–4:00pm

PRICE/WEEK: Member (M) \$200

Program Member (PM) \$265

(Cost for July 4th week:

\$160 M, \$212 PM)

#### SUMMER BOOSTS

AGES: 6+

DATES: Sessions 2–10

(no boost session 4)

PRICE/WEEK: \$25

#### SESSION DATES

1. June 10–14

2. June 17–21

3. June 24–28

4. July 1–5 <sup>No camp</sup>  
July 4th

5. July 8–12

6. July 15–19

7. July 22–26

8. July 29–Aug. 2

9. Aug. 5–9

10. Aug. 12–16

11. Aug. 19–23

FINANCIAL ASSISTANCE  
AND PAYMENT PLANS  
AVAILABLE.

#### EXTENDED CARE—BEFORE & AFTER CAMP

BEFORE CAMP: 7am–9am

AFTER CAMP: 4pm–7pm

AGES: 5+

PRICE/WEEK: Member (M) \$55

Program Member (PM) \$65

(Cost for July 4th week: \$44 M, \$52 PM)

# CAMP MAGELLAN DAILY SCHEDULE

9:00am–9:15am	<b>Opening Ceremony:</b> Silly songs, ice breaker activities and announcements as a whole Camp.
9:15am–9:45am	<b>Huddle Group Time:</b> In small groups, build relationships that will last a lifetime through activities, teamwork, and exploration.
9:45am–12:00pm	<b>Morning Activity Rotations:</b> Getting campers active and moving! Activities may be at the camp site or out at the forest preserve.
12:00pm–1:00pm	<b>Lunch, Read and Rest:</b> Time to re-energize, eat a healthy lunch, and have quieter activities that allow campers to be ready for the second half of the day.
1:00pm–3:00pm	<b>Afternoon Activity Rotations:</b> Team building activities, group challenges, art projects, and everyone’s favorite—swimming!
3:00pm–3:30pm	<b>Huddle Group Time/Reflection:</b> A great time to reflect on the day and recap what campers have learned and experienced throughout the day.
3:30pm–4:00pm	<b>Closing Ceremony:</b> Group challenge or activity as a whole Camp. Fridays there is extended time for mini-talent shows, camper awards, and some of the favorite songs from the week.

## EXPLORATION WEDNESDAYS

Every Wednesday is an adventure to fun field trips including the Lincoln Park Zoo, Museum of Science and Industry, and Waterparks. Campers must wear their camp t-shirt every field trip day.



# Register by March 31st

and for every 4 weeks of camp purchased—  
get 10% off one additional week of camp!

[westcookymca.org/camp](http://westcookymca.org/camp)

Here is what our campers had to say:

“The best part of camp is that you can have fun and do projects, plus go to the pool almost every day! We go on fun field trips—some of the best are to the zoo or LEGoland. The counselors are nice, fun, and loving. Some of our favorite activities are playing games in the gym and going to the pool. This summer, we are looking forward to learning new things, the games we’ll play and the crafts we’ll do. You should come to camp too, because the counselors are really nice and they have awesome activities!”

—Teresa & Victor, siblings, ages 9 and 7

## WEST COOK YMCA

255 S. Marion St., Oak Park, IL 60302

708 383 5200 | [westcookymca.org](http://westcookymca.org)

Day Camp Email: [daycamp@westcookymca.org](mailto:daycamp@westcookymca.org)

Day Camp Office: 708.366.2764

Day Camp Cell: 708.427.8268

# SUMMER BOOSTS

For 1 hour during your camp day, you can add on a **Summer Boost**—a chance to focus on extra activities that teach skills that are fun and just may impact a camper's future.

**S.T.E.M. (Science, Technology, Engineering, and Math):** Explore your "mad scientist" side by being an active member of our discover teams. Create, discover, experiment and invent in this boost.

Sessions 2, 6, 10

**Drama:** Perform, create, and share stories through drama. Explore your inner actor, set a scene and create a stage set, and perform a wonderful piece together.

Sessions 2, 8, 9

**Art:** Find your inner artist by learning different practices such as sketching, watercolors, murals, creative writing and more.

Sessions 3, 5, 7

**Cooking:** Become a chef. You will learn simple recipes that you can prepare for your family- full meals, desserts, snacks, and more.

Sessions 7, 8, 10

**Sports:** Come learn more about some of your favorite sports! Throughout the summer, we will explore basketball, soccer, football, t-ball/baseball, and more.

Sessions 3, 6, 9





# WHAT MAKES SUMMER CAMP AT THE Y SO GREAT?

## NEW EXPERIENCES

- Discover the possibilities of nature and the truly great outdoors
- Be given opportunities to take leadership roles
- Try things for the first time in an environment that encourages effort, not just success

## NEW FRIENDS

- Make new friends, develop social skills and build self-esteem
- Learn better ways to communicate with others
- Get to know kids from different cultures and backgrounds

## NEW WAYS OF SEEING THE WORLD

- Experience the diversity of our community
- Build character, independence and a genuine sense of worth
- Start a habit of physical activity for enjoyment and healthier living
- Thrive in an environment where it is safe to be yourself

## DID YOU KNOW ...

Summer camp has been part of the YMCA program since 1885! That's 130 years of camping memories and fun!

Start making your memories of great times this summer with West Cook Y!

Source: [ymca.net/history/1870-1890s.html](http://ymca.net/history/1870-1890s.html)



# EXTEND YOUR ADVENTURE ALL YEAR-LONG

Explore All the West Cook YMCA Has to Offer



**WE'RE HERE  
FOR YOU!**  
Extended  
Hours  
until 7 pm

## Y-KIDS BEFORE & AFTER-SCHOOL PROGRAM K-8TH

Monday-Friday  
Before-school program begins at 7 am  
After-school program ends at 7 pm

**REGISTER TODAY!**

Contact Youth  
Development Dept. at  
708-366-2764 or  
[rboblett@westcookymca.org](mailto:rboblett@westcookymca.org)  
[www.westcookymca.org/ykids](http://www.westcookymca.org/ykids)



### AQUATICS

Swim Lessons  
Swim Team  
Lifeguard Training



### YOUTH SPORTS

Basketball  
Soccer



### YOUTH WELLNESS PROGRAMS

Childhood Obesity Prevention  
Personal Training  
Sports Conditioning

Check the current program guide for class details or contact the  
West Cook YMCA Membership Desk at 708-383-5200