



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

MULTI-PURPOSE ROOM SCHEDULE

WINTER I SESSION: JANUARY 7- FEBRUARY 24, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Golden Oldies 9:30a -10:15a		Golden Oldies 9:30a-10:15a		
	Senior Stretch 11:00a-11:45a	Golden Oldies 10:30a -11:15a		Golden Oldies 10:30a-11:15a	Senior Stretch 11:00a-11:45a	
	Enhance Fitness 12:30p-1:30p		Enhance Fitness 12:30p-1:30p		Enhance Fitness 12:30p-1:30p	
				Healthy Living Class 5:45p-7:15p		