



GREAT SUMMERS START AT THE Y!



DAILY SCHEDULE

MORNINGS

During community time we will come together as a camp and get pumped up for the day. We will sing songs and chants and get each other excited for the day's adventures! In our small groups, we will talk about the activities for the day and do some small group team bonding. This is a time where we will talk about how we are feeling and build each other up to take on the day. Then, we will get to do some fun activities!

Games

- Among Us in Real Life!
- Freeze-Tag
- Relay Races
- Volleyball
- And more!

Experiments

- Creating a volcano
- Motorized car assembly
- Creating musical instruments
- Slime
- And more!

Arts & Crafts

- Friendship bracelets
- Salt painting
- Chalk
- Water balloon paintings
- And more!

LUNCH, READ, AND REST: 12:00 pm – 1:00 pm

Campers will have time to eat their lunch with their small groups and staff members. When finished, they will be able to relax with a good book and recharge for the afternoon. This is also a good time to practice mindfulness!

AFTERNOONS

The afternoons will consist of...

- Swimming pool time!
- Sports like flag football, soccer, and volleyball
- Drama (skits and plays)
- More art and STEM activities
- And a closing ceremony where we will come together as a whole camp and celebrate our discoveries!

