



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR A SAFER US

PHASE 5 GUIDELINES



PHASE 5 GUIDANCE

Oak Park Public Health Department 01.06.22 Mandate

All Members, Residents, Guests will be required to show proof of vaccine upon each visit of the YMCA facility.

Who is required to show proof of vaccination:

- Individuals 5 years of age and older must show proof that they are fully vaccinated against COVID-19 with an approved vaccine in order to enter the West Cook YMCA
 - Any individual who attains five (5) years of age on or after the effective date of this Order shall be entitled to a grace period of six (6) weeks to allow time for the individual to become fully vaccinated.
- Individuals age 16 and older must show identification with information that corresponds to the vaccination proof (including but not limited to driver's license, passport, government ID, work or school ID, West Cook ID with current photo on file in system)

Exemptions-Individuals:

- Individuals entering the Y for less than 10 minutes for completing a transaction at the front desk, making a delivery, or using the restroom facilities
- Individuals who have previously received a medical exemption, as long as proof of medical exemption and a COVID-19 test administered by a medical professional within the last 24 hours prior to entering the West Cook YMCA and provided to the West Cook YMCA upon entry.
- A vendor who is entering the facility to complete work on behalf of the West Cook YMCA
- An individual under the age of 5
- Indoor locations in the residential facility. Residents who are not vaccinated are only permitted to enter the facility to enter into the resident area. They will not be permitted in the main building of the West Cook YMCA. This includes but is not limited to the member lounge, locker rooms and spas, wellness center, pool, etc.
- Common areas of the residence facility will be closed unless all residents provide proof of vaccination.

An individual is considered fully vaccinated:

- Two weeks after their second dose in a 2-dose series with an approved COVID-19 vaccine, such as Pfizer or Moderna vaccines, or
- Two weeks after a single-dose series with an approved COVID-19 vaccine, such as Johnson & Johnson's Janssen vaccine.

An approved COVID-19 Vaccine is a vaccine that has been authorized or approved by either the Food and Drug Administration or the World Health Organization to prevent COVID-19, whether for emergency use or otherwise.

A failure to comply with this Order may result in one or all of the following: (1) a charge of Reckless Conduct pursuant to Section 12-5 of the Illinois Criminal Code, 720 ILCS 5/12-5/2, which is a Class A misdemeanor which may result in a fine of not less than \$75 not to exceed \$2,500; (2) a charge of a violation of Sections 2(k) and/or Section 8.1 of the Illinois Public Health Act, 20 ILCS 2305/2(k) and 20 ILCS 2305/8), which are also Class A misdemeanors; (3) a violation of Section 20-1-12 of the Oak Park Village Code which is a Class B misdemeanor which may result in a fine of \$750 for each violation; (4) the suspension or revocation of a business license; (5) an order of closure of a business; or (6) a charge of a violation of any other applicable law.

OUR PROTOCOLS WILL EVOLVE AS GUIDELINES ARE UPDATED

PROOF OF VACCINE IS REQUIRED for all individuals ages 5 and older.

FACE COVERINGS ARE REQUIRED for unvaccinated and vaccinated individuals.

RESERVATIONS ARE ALWAYS REQUIRED except for group swim lessons.

SOCIAL DISTANCE to ensure the safety of everyone, we will continue to maintain barriers in between machines and separate use by 6-feet or more while using cardio or strength equipment in the wellness center. Strength equipment in wellness center will be on alternating daily schedule to allow for 6-foot social distancing.

SELF-ASSESSMENT SCREENINGS for Members and Staff prior to coming to the Y.

REGULAR CLEANING AND DISINFECTANT PROTOCOLS will be maintained. Hand sanitizers and wipes will be available to clean equipment before and after use.

SIGNAGE will be provided that is up to date throughout the facility regarding safety protocol.

WE WILL CONTINUE TO FOLLOW CDC, STATE, AND LOCAL GUIDELINES.



BUSINESS PRACTICE ADAPTATIONS

RESERVATIONS REQUIRED FOR ALL PROGRAMS & SERVICES

Facility Hours:

Monday-Friday: 6:00 am- 8:00 pm | Saturday: 8:00 am – 6:00 pm
Sunday: 10:00 am – 6:00 pm

Wellness Center Hours:

Monday-Friday: 6:00 am- 8:00 pm
Saturday: 8:00 am- 6:00 pm
Sunday: 10:00 am – 6:00 pm

Racquetball Court Hours:

Monday-Friday: 6:00 am - 7:00 pm | Saturday: 9:00 am - 4:00 pm
Sunday: 10:00 am – 2:00 pm

- Required to check in and check out.
- Contact tracing protocol measures in place.
- Phase 5 precautions throughout facility.
- Youth ages 12 and up are permitted in the facility if unaccompanied.
- Class cancellation communications will be sent out at least an hour prior.
- No-show policy for lap swim and group fitness programs of 3 consecutive no-shows results in member reservation privileges being suspended.

THE FOLLOWING AMENITIES ARE NOT AVAILABLE

- Child Watch
- Badminton
- Basketball
- Guest Passes

QUESTIONS?

Contact us at memberservices@westcookymca.org

WELLNESS CENTER ADAPTATIONS

To ensure the safety of everyone, we will continue to maintain barriers between machines and separate use by 6-feet or more while using cardio or strength equipment in the wellness center. Strength equipment in wellness center will be on alternating daily schedule to allow for 6-foot social distancing. We are only permitting 3 individuals in the free weight area (purple highlighted on map) at a time and requiring that 6-foot social distancing is maintained as well as the before and after disinfecting of all equipment used.

Phase 5 Wellness Center Hours of Operation

Monday-Friday: 6:00am-8:00pm

Saturday: 8:00am-6:00pm

Sunday: 10:00am-6:00pm

Please keep your workout to a maximum of 60 minutes.

Maximum of 3 people in purple zone

Last reservation is one hour before closing

