



SAMPLE WEEK AT THE AFTER-SCHOOL SIGNATURE PROGRAM

Students will receive a wide range of activities each month throughout the school year to intentionally foster a whole child centered approach to development.

TIME	FOCUS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:10-3:25 pm	MOVEMENT GAME CHOICE	Ro-Sham-Bo Relay Run if...	Running through the Animal Tag	Bird's Nest Catch and Drop	Circle of Flags Color Tag	Dance Freeze Concentration Ball
	TABLE CRAFT/ GAME CHOICE	Decorate a Banner	Building Challenge	Card Games	3-D Paper Craft	Brain Challenges
3:25-3:45 pm	SNACK	Goldfish	Veggie Straws	Apple Sauce	Cheese Sticks	Pretzels
	COMMUNITY/SEL ACTIVITY	Introduction to Mood Rings	Community Chat	Introduction to STEPS to stay well	Draw and share- What do you think you would have to do in school to go to space some day?	Introduction to my Keys
3:45-4:15 pm	PHYSICAL ACTIVITY	BOKS Week 1: Planks, Tag, and Alphabet Food Game	Scoop Toss- Target Throw Hop'n Freeze	BOKS Week 1: Planks, Relay, and What is the most popular fruit?	Scoop Toss-Throw and Catch The Maze Game	BOKS Week 1: Planks, Obstacles, and What is the most popular vegetable?
4:15-4:45 pm	HOMEWORK HELP AND STATIONS	Color by Number Math Equation Squares	I Love my Family Paper Craft	Emotions Fluency Board Game	Fold Up Animals Craft	Word Search and Crossword Puzzles
4:45-5:15 pm	MATH/LITERACY ENRICHMENT	KIDZMath Small Group Game Choice	KIDZLit Reading Club	Sticky Note Number Match	Writing Choice: Community Stories It's All About You!	Follow the Recipe Build Your Snack
5:15-6:00 pm	STEAM ENRICHMENT	Art Choice: Window Art Family Portrait	Music Choice: Classroom Instruments Sing and Move	STEM Choice: Changing Shadows Paperclip and Playdoh Structures	Drama Choice: Finger Puppet Choice Dress up Work	SEL Art: Colors of Kindness